

Wild Turkey Breakfast Sausage

1 Pound of ground turkey

1 tsp. salt

¼ tsp. of cayenne pepper

¼ sage

¼ tpsn of fennel

¼ tsp. of red pepper flakes

¼ tsp. of garlic powder

¼ tsp. of onion powder

2 tsp. of olive oil

Mix your spices into well into turkey. Let it rest, cover and chill for several hours to allow the flavors to marry. Once mix is ready, place mix on a sheet of plastic wrap and roll mix into a roll about 12 to 14 inches long by 1 inch thick. Bake in oven for 25min at 350. When it's done let it rest for several minutes and then cut in 2 inch pieces